



E-PLUS guidelines for the use of PPE by personnel

Below are the instructions for PPE use in ALL situations when E-PLUS EMS crews are in contact with patients:

A: General:

1. E-PLUS crews are constantly in direct contact with patients.
2. Due to the COVID 19 situation, the assumption is that it is not possible to identify if the patient is a COVID 19 patient.
3. E-PLUS management decided to increase the measures taken to protect E-PLUS crews in any contact with patients.
4. E-PLUSs management instructions are on two levels:
 - 1) physical protection
 - 2) reducing the amount of team members in direct contact with patients.

B: Instructions:

1. All calls will be screened by the call taker, for possible Confirmed COVID patient or epidemiological suspicion (travel abroad or contact with a confirmed case).
2. On any contact with a patient, the team members will use PPE as follows:
 - a. For a confirmed case of COVID 19- full PPE, including; 2 pairs of gloves, a coverall suit, show coverall, an FFP3/N95 face mask, eye protection.
 - b. For a suspected case of COVID 19- full PPE, including; 2 pairs of gloves, a coverall suit, show coverall, an FFP3/N95 face mask, eye protection.
 - c. For a patient under house quarantine, or that he or she are in a household where someone is under quarantine- full PPE, including; 2 pairs of gloves, a coverall suit, show coverall, an FFP3/N95 face mask, eye protection.
 - d. For a patient in the community who suffers from pneumonia, with unknown origin (not aspiration etc.), even without epidemiologic criteria - full PPE, including; 2 pairs of gloves, a coverall suit, show coverall, an FFP3/N95 face mask, eye protection.
 - e. For other patients (including casualties) - use an FFP3/N95 facemask.
 - f. All patients and the person who accompanies them, it is a must to wear surgical facemask.
 - g. For patients presenting dyspnea provide oxygen using an oxygen mask. If the patient is also suspected or confirmed case of COVID 19, cover the oxygen mask with a surgical mask.
 - h. The patient can be accompanied by one person only, which will wear surgical mask.
3. Reduce team size:
 - a. BLS units will be manned by no more than two team members.
 - b. ALS units will be manned by no more than three team members.
 - c. The patient will be accompanied by no more than one person.

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